

BREAKFAST MENU

CABANA ROLL / 18 VG, GF

Choose bacon or haloumi, tasty cheese, fried egg, rocket, tomato, relish, aioli.

GF roll +3, hashbrown +3, avo +2.5

CALIFORNIAN BURRITO / 19.9 VG

Scrambled eggs, bacon, cheese, hash brown, salsa & sour cream in a wrap
Add avo +2.5. For vegetarian swap bacon for avocado

BREAKKY BRUSCHETTA / 19.5 VG, GF

Smashed avocado on Sourdough with heirloom tomatoes, crumbled feta, dukkha, balsamic glaze and 1 poached egg.

Add bacon +5 / smoked salmon +7 / extra egg +4

EGGS FLORENTINE / 19 VG, GF

2 poached eggs, spinach, hollandaise sauce on Sourdough.

Add bacon +5, avocado +4, smoked salmon +7

HOMEMADE PANCAKES / 21 VG

Choose Mascarpone cream or ice cream, raspberry coulis, maple syrup and seasonal fruit. Add bacon +5

FARMER FRITTERS / 24 VG, GF

Sweet corn and zucchini fritters with avocado, mushroom, rocket, tomato relish, crumbled feta and 1 poached egg. Add bacon +5, salmon +7, extra egg +4

VEGAN RAINBOWL / 25 V, GF

Kale, quinoa, chickpeas, mint, heirloom tomatoes, mushroom, broccolini, roasted pumpkin, avocado, green goddess sauce .

Add poached egg +4, bacon +5, salmon +7, feta +4

WINTER WRAP / 18 VG

Scrambled eggs, spinach, feta, mushroom, aioli

Choose Bacon or haloumi

EGGS ON TOAST / 13 VG, GF

Choose poached, fried or scrambled, on sourdough

VG= vegetarian available GF= gluten free available

BOWLS

WELLNESS BOWL / 18 VG, GF

Raspberry chia pudding with almond milk, yogurt, GF Paleo granola & seasonal fruit

ACAI BOWL / 18 V, GF

Acai, GF Paleo granola, shaved coconut, chia seeds, seasonal fruit.

Add peanut butter +2

LITTLE BITES

BANANA BREAD / 9.5

Served with Mascarpone cream and maple syrup

BACON & EGG ROLL / 11.5 GF

with bbq sauce. Add cheese +1, hash brown +3, GF roll +3

SEEDED SOURDOUGH TOAST / 8

Jam, vegemite, peanut butter or nutella

RAISIN TOAST / 8

KIDS MENU / 12

under 10 yo only

KIDS BREKKY: fried egg and bacon

KIDS PANCAKE: Pancake with maple syrup, ice cream & banana

EXTRAS

Hashbrown	+ 3
Extra egg / Avocado / Grilled tomato / wilted spinach	+ 4
marinated mushroom / crumbled feta	+ 5
Bacon / Haloumi	+ 7
Tasmanian smoked Salmon	+ 7